

What's on

Prepare for Christmas & Coffee Morning	Tuesday 18 November 2008 9am - 11.30am
DICK WHITTINGTON – PANTO	Fri. 5th Dec. - 6.30pm start
CHRISTMAS CRAFT WORKSHOPS	Begin Wed. 3rd Dec.
10.00am-1.00pm Ring for more details.	
NORTH WARD CHRISTMAS PARTY (Avis Gilliatt).....	Thurs. 11th Dec. 4.00pm onwards
Regular activities	
<i>nextstep</i> New workshop at the Oasis Centre.....(drop in session).....	Alternate Friday start at 9.30am till 12 noon
Advice on CV writing and career advice	
OASIS FRIENDS COFFEE MORNING	To be announced. 9.15am – 11.30am.
CONFIDENCE COURSE You will need to book.....	Begins again January
C.H.I.P. (Community Health Improvement Plan) Alternate Weds.....	Ask at reception for further information 6.30pm-8.30pm
Health walk starting at the Oasis Centre every Wednesday at.....	Starting July 9th 11am for 25 to 60 minutes
Tai-Chi	Monday 8pm to 9pm
Health visitors baby clinic, baby weighing & advice(drop in session).....	Every Monday 1.00pm – 3.00pm
Oasis Play (for babies & toddlers) singing & nursery rhymes..(drop in session).....	Tuesday. 1.30pm – 2.30pm
Bowthorpe group computer course(ring to book).....	Tuesday. 1.00pm – 3.00pm
Thursday club (group for older local people to meet).....(drop in session).....	Thursday 1.45pm – 4.45pm
P.C.T. Post-natal group(drop in session).....	(alternate Thursdays) 10.00am – 11.30am
Numeracy -(ring COWA to book).....	Monday 9.30 am – 12.00pm & Wednesday 1.15pm-3.45pm
Literacy -(ring COWA to book).....	monday 1.15 pm – 3.45pm
Multiple Sclerosis group(drop in session).....	First Friday of the month (10.00am – 2.00pm)
drop-in for patients & carers	
Yoga(drop in session).....	Mondays 2pm 3.30pm
Baby Book Club	Thursday 1.30pm - 2.30pm
Youth Club	Tuesday 7pm to 9pm
Bingo(drop in session).....	Every 2nd Friday of the Month 1.45pm
Oasis Cinema(need to book).....	Private bookings, ring for details
Indoor Kurling & Bowling	Every 4th Friday of the Month 1.45pm
Internet Cafe(need to book).....	Ring now or drop in to book a place
ESOL(ring COWA to book).....	Thursday 6pm to 8.30pm
Art Club(ring to book only £2).....	Ring to find out times



Oasis Wisbech News

No:14

Coming up! Don't miss our Panto next month.

Hard to believe that next month it will be December. Is it me or does it seem to come round faster each year or is it the fact I'm getting older? After our last successful Panto of **Jack and the Bean Stalk** we are holding the famous **Dick Whittington** on Friday the 5th of December starting at 6.30pm. As normal we will have a high standard of Play Actors. The tickets are at a reduced price and they are selling fast.



To order your tickets come down or ring the centre on **01945 461526**

Coffee morning at the Oasis.



Everyone is welcome to come down and join in with our prepare for christmas Coffee morning on **Tuesday the 18th of November**. It starts at **9am** till **11.30am** and its a perfect opportunity to make new friends and come in from the cold. Why not come along and try your hand at Flower arranging, Card making, tips on beauty therapy and much more.

Call the Oasis Centre on 01945 461526 for more information or turn up on the day!

www.theoasiscentre.co.uk

01945 461526 the oasis centre is a Registered Charity

Wisbech Community Development Trust Charity No: 1100674
The Oasis Community & Children Centre

Tel:01945 461526 Fax:01945 429136 St.Michael's Avenue, Wisbech,
Cambridgeshire PE13 3NR