

Healthy Eating!

Here at the Oasis Centre we are looking for traditional healthy recipes from the Wisbech area. We are asking local people to write to us with their favorite local dishes. When we have collected enough recipes we will compile them into a cook book free for everyone to use.

The first of our recipes was found in Isobels Home Cookery, from August 1899 in Peckover House.

Ingredients: for Carrot Soup

6 Carrots, 1 Onion, 2 Rashers of Bacon, 1 pint of good stock.

Method: Place the chopped carrots with butter in a pan. Add the chopped Onion and Bacon. Fry for a minute or two, then turn off the heat and leave for 15 minutes. Add the stock and cook until the carrots are tender. Pass through a hair sieve or Tammy cloth. Or liquidise.

Contact Peckover house on 01945 583463

Community House

Come to the Community House at 10 Southwell Road. We are open every weekday for many different purposes that include; help and information, assist in the completion of forms, to report issues of concern or just simply to drop in for a coffee and a chat.

The house is also a community access point providing free access to the inter net.



Many organisations use the house to deliver their services in the community, these include, the Youth Service, Primary Care Trust, Police Community Support Officers, Citizens Advice Bureau and Trading Standards which contribute towards the objectives of

Fenland Links, who is responsible for the Community House.

For more information call us on 01945 580309

Shed theft!

The Secret Garden Group, who are involved in the running of the Waterlees Community Garden, are appealing for assistance to acquire a shed for the storage of its equipment. Local company Shires had very generously supplied a shed at a hugely reduced price, unfortunately, the shed was stolen before the group had chance to put it up.

If you are able to help then please contact the Secret Garden Group via Community House on 01945 580309.



It's Your Centre!

We are constantly looking for any ideas from you about what sort of activities you would like at the centre. Remember it is your community centre and we are here to provide you with the sort of activities that interest you. Please come down and look at the new facilities here at the centre and we promise you will not be disappointed. There is so much potential that this building can offer!

If you have an event whether you want to hold it with us or at another venue we will publish it for you absolutely free. We offer access to our web site and this newsletter, which you can use to tell other Wisbech people about your activity.



B&Q Brighten Up

Your Centre!

The large DIY store based in Wisbech has given the Oasis Centre funding to improve it's look and facilities. Some of the things provided include; hanging baskets with flowers, a sand pit for the children's nursery, tools for our centre technician to maintain the building and much more. Nik Mason the Marketing Manger for the centre has been negotiating with Denise, who is in charge of the Champion of Better Neighbourhood Grants. Nik said, "We are delighted to receive the garden equipment and we are grateful to B&Q for their help as it will benefit the Wisbech community".



Your Trust

The Oasis centre is owned and run by the Wisbech Community Development Trust which is a registered charity. The Trust is currently made up of nine local residents and users along with four representatives from public and private sectors.

Having served the community for over 30 years the Centre prides itself on being run by local people who understand the needs of their community. Their vision is to provide support and activities that encompass all age groups, abilities, interests and needs of the local people.



Over the next few months we will be introducing your Trust members, starting with our Chair Person Pat Brown pictured here on the left. Pat has said, "the trust always welcome the community to suggest ideas for events they would like to see at the centre".

New Nursery Manager



Helen Thorpe is a new face in the Nursery. She has been with us for three months and has made a positive difference already. Her last position as Nursery manager was held in Boston, Lincolnshire, which she held for four years. Helen has fitted well within the team and her Manager Sharron

Bowman, is confident Helen will bring a fresh approach to the Nursery. When asked about her position Helen said "My focus is to work with staff and parents / carers to improve outcomes for all children and provide them with stimulating and challenging learning opportunities within a safe and secure environment." To find out more information about the Nursery contact Helen on 01945 428660 or email Helen.Thorpe@cambridgeshire.gov.uk

Oasis Cinema for all the family

We have now opened our small cinema to the community. Ring now for a voucher and showing times. 01945 461526



New Nursery Teacher for the Oasis Centre

The Nursery as part of the community centre will soon benefit from a new addition to their staff. They are currently recruiting a qualified primary school teacher. The post will enhance the opportunities for the children to start learning at an early age. This position will add to an already highly qualified team of nursery nurses.

Currently the children are learning about the community and the cultures of other children and their home countries.

For more information about the nursery please contact Helen on 01945 428660.

Jokes

What is the STRONGEST letter in the alphabet?

P... Even Superman Can't Hold It!!

Where do tough chickens come from???

Hard boiled eggs!

What do you call cheese that isn't yours?

Nacho Cheese!

Send us your favorite jokes to nik@theoasiscentre.co.uk

Kids Corner

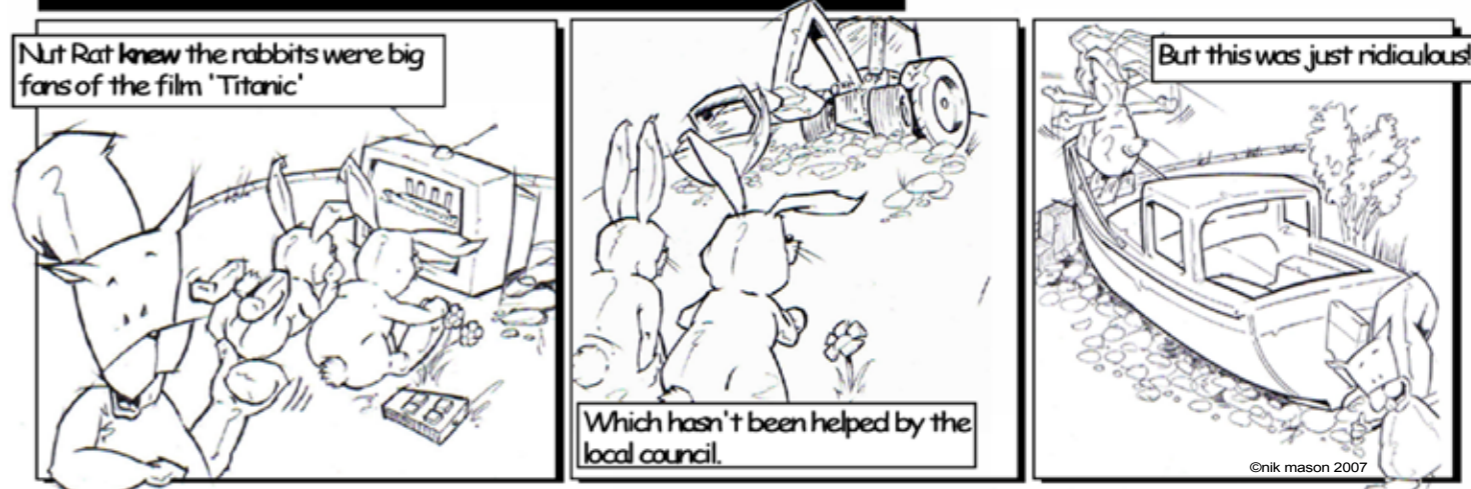
Secret word quiz

OOCTAE
VADSAN
CASTLE
IHAIIN
LPOHSL

Find all five words connected with Wisbech in the word quiz. The letters left spell one other historical place in Wisbech. These secret words will appear over the next five months and the first person to send all five in to us will win a MP3 player.

Write the first secret word here.

Nut Rat and the Roundabout Bunnies...



Kids why not colour Nutrat in and send them to us, we would love to see them!